



MEALS ON WHEELS: JANUARY 26



**FRIDAY & WEEKEND MEALS MUST BE ORDERED OR CANCELED BY 10 AM, WEDNESDAY
MONDAY—THURSDAY MEALS MUST BE ORDERED/CANCELLED 24 HOURS PRIOR TO DELIVERY DATE**
To order meals, call the MOW office at 203-453-8359, or email gim.mow@att.net

Mon	Tue	Wed	Thu	Fri	Sat (frozen)
Happy New Year! For the Safety of our drivers, please keep your driveways and sidewalks clear. Call the office for weather related cancellations		Food Allergy Warning: Please be advised that our food may have come in contact or con- tain peanuts, tree nuts, soy, milk, wheat, shell- fish, fish or sesame	1 New Year's Day Manicotti Delivered on 12/31	3 Roast Pork	4 Baked Chicken Patty
5 Kielbasa & Pierogies	6 Chicken Florentine	7 Beef Stew	8 Quiche Lorraine	9 Stuffed Sole	10 Shepherd's Pie
12 Baked Potato	13 Pulled Pork	14 Coconut Tilapia	15 Corn Chowder & Turkey Sandwich	16 Stuffed Shells	17 American Chop Suey
19 CLOSED— Ham Delivered on 1/16	20 Salisbury Steak	21 Baked Chicken Thigh	22 Tuna & Egg Salad	23 Chicken Marsala	24 Chicken Casserole
26 Eggplant Rollatini	27 Meatloaf	28 Chicken Veggie Stirfry	29 Chef Salad	30 Pot Roast	31 Mac & Cheese