



# MEALS ON WHEELS: JANUARY 26



**FRIDAY & WEEKEND MEALS MUST BE ORDERED OR CANCELED BY 10 AM, WEDNESDAY  
MONDAY—THURSDAY MEALS MUST BE ORDERED/CANCELLED 24 HOURS PRIOR TO DELIVERY DATE**  
To order meals, call the MOW office at 203-453-8359, or email [gim.mow@att.net](mailto:gim.mow@att.net)

Mon	Tue	Wed	Thu	Fri	Sat (frozen)
<b>Happy New Year!</b> For the safety of our drivers, please keep your driveways and sidewalks clear. Call the office for weather related cancellations		Food Allergy Warning: Please be advised that our food may have come in contact or contain peanuts, tree nuts, soy, milk, wheat, shellfish, fish or sesame	1 New Year's Day Manicotti Delivered on 12/31	3 Roast Pork	4 Baked Chicken Patty
5 Kielbasa & Pierogies	6 Chicken Florentine	7 Beef Stew	8 Quiche Lorraine	9 Stuffed Sole	10 Shepherd's Pie
12 Baked Potato	13 Pulled Pork	14 Coconut Tilapia	15 Corn Chowder & Turkey Sandwich	16 Stuffed Shells	17 American Chop Suey
19 CLOSED—Ham Delivered on 1/16	20 Salisbury Steak	21 Baked Chicken Thigh	22 Tuna & Egg Salad	23 Chicken Marsala	24 Chicken Casserole
26 Eggplant Rollatini	27 Meatloaf	28 Chicken Veggie Stirfry	29 Chef Salad	30 Pot Roast	31 Mac & Cheese